

FOR IMMEDIATE RELEASE

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FOR INFORMATION CONTACT: Mary M. Feder, Director of College Relations
Suffolk County Community College (631) 451-4256
feder@sunysuffolk.edu

**SUFFOLK COUNTY COMMUNITY COLLEGE HOSTS FREE COMMUNITY EVENT
ON NAVIGATING TODAY'S ECONOMY**

Brentwood, NY – Suffolk County Community College will be hosting a free community event for all Long Island residents on *April 17, 2009* from 2:00 - 8:00 p.m. on the important topic of *Navigating Today's Economy*. The event will be held in the Field House of the Sports & Education Center on the Michael J. Grant Campus in Brentwood.

At the event, participants can access *Career Resources*, visit *Concurrent Workshops* and view a *Showcase of Programs and Services* – all with the intent of learning new ways to achieve more in the current economy.

In the area of career resources, attendees will learn successful techniques for interviewing, resume writing and job hunting as well as the best ways to dress for success. Representatives from the local Department of Labor and SCCC's Career Counseling Offices will be on hand to offer tips and advice to help dislocated, unemployed and under-employed residents improve their chances of securing gainful employment.

Take some time to attend a workshop on such topics as *Creating a Family Budget, Saving for College, Bankruptcy and Credit Counseling, and Stress Management*. These in-depth sessions are tailored to the various needs of the community and will offer a small and highly-focused setting as well as handouts that detail the key points.

Additionally, *Navigating the Economy* will showcase the expertise of the faculty, its community partners and the wide array of programs available at SCCC, emphasizing the practical applications of these programs in today's workplace. Demonstration topics include: *Tips for Home Repair; Health and Wellness, Energy Saving Techniques* and *Keeping Your Car Running Longer*. Take advantage of the expertise available at SCCC to make your lives better.

For additional information or an event brochure, contact SCCC at (631) 851-6903 or visit us on the web at www.sunysuffolk.edu.

About Suffolk County Community College

Suffolk County Community College (SCCC) is the largest community college in the State University of New York (SUNY) system, enrolling more than 23,000 students at its three campuses in Selden, Brentwood and Riverhead. SCCC offers the Associate in Arts (A.A.), Associate in Science (A.S.), and Associate in Applied Science (A.A.S.) degree, as well as a variety of certificate programs. Offering the lowest college tuition on Long Island, a highly respected Honors program, extensive extracurricular activities, championship athletic teams, and numerous unified transfer programs, SCCC is a first-choice college for Long Island students.

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